



CLINICAL HEALTH PROMOTION CENTRE



The HPH Doc Act Model: Documentation of Health Promotion Activities



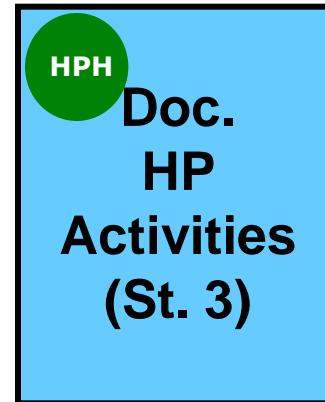
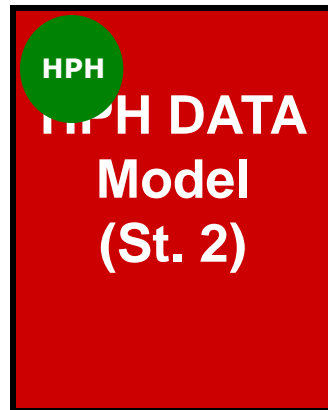
Invisible HP becomes visible by using HPH tools/models

- **Documentation Model for HP Activities at patient level**

WHO Standards for HP



1. Management policy of HP
2. **Patient Assessment**
3. **Patient Intervention and Info**
4. Promoting a healthy workplace
5. Continuity and cooperation





3.1. Information and Plan for HP Activities



3.1.1.

Patient info recorded

MR Audits

3.1.2.

HP activities & results documented

MR Audits

Documentation Model for HP Activities

3.1.3.

Patient satisfaction

Surveys interviews



Participants

6 countries from the HPH-Network

Ireland	5
Italy	3
Estonia	3
England	2
Canada	4
Sweden	3
<u>Participants</u>	<u>20</u>



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Two Steps

First support of motivation

Then intervention programs



Rehabilitation program: COPD

Elements

- Tobacco cessation
- Alcohol intervention
- Nutrition
- Physical activity
- Psycho-social support
- Medicine after-treatment
- Patient education



Rehabilitation program: Cardiac Patients

Elements

- Tobacco cessation
- Alcohol intervention
- Nutrition
- Physical activity
- Psycho-social support
- Medicine after-treatment
- Patient education



Rehabilitation program: Diabetes

Elements

- Tobacco cessation
- Alcohol intervention
- Nutrition
- Physical activity
- Psycho-social support
- Medicine after-treatment
- Patient education



Program for surgical patients

Elements

- Tobacco cessation
- Alcohol intervention
- Nutrition
- Physical activity
- Psycho-social support
- Medicine after-treatment
- Patient education

7 codes for motivational counselling

- Smoking **XX01**
- Alcohol **XX02**
- Nutrition **XX03**
- Physical activity **XX04**
- Psycho-social relation **XX05**
- Other risk factors **XX06**

- Integrated counselling
(consisting of several factors) **XX07**

8 codes for intervention, rehabilitation, after-treatment

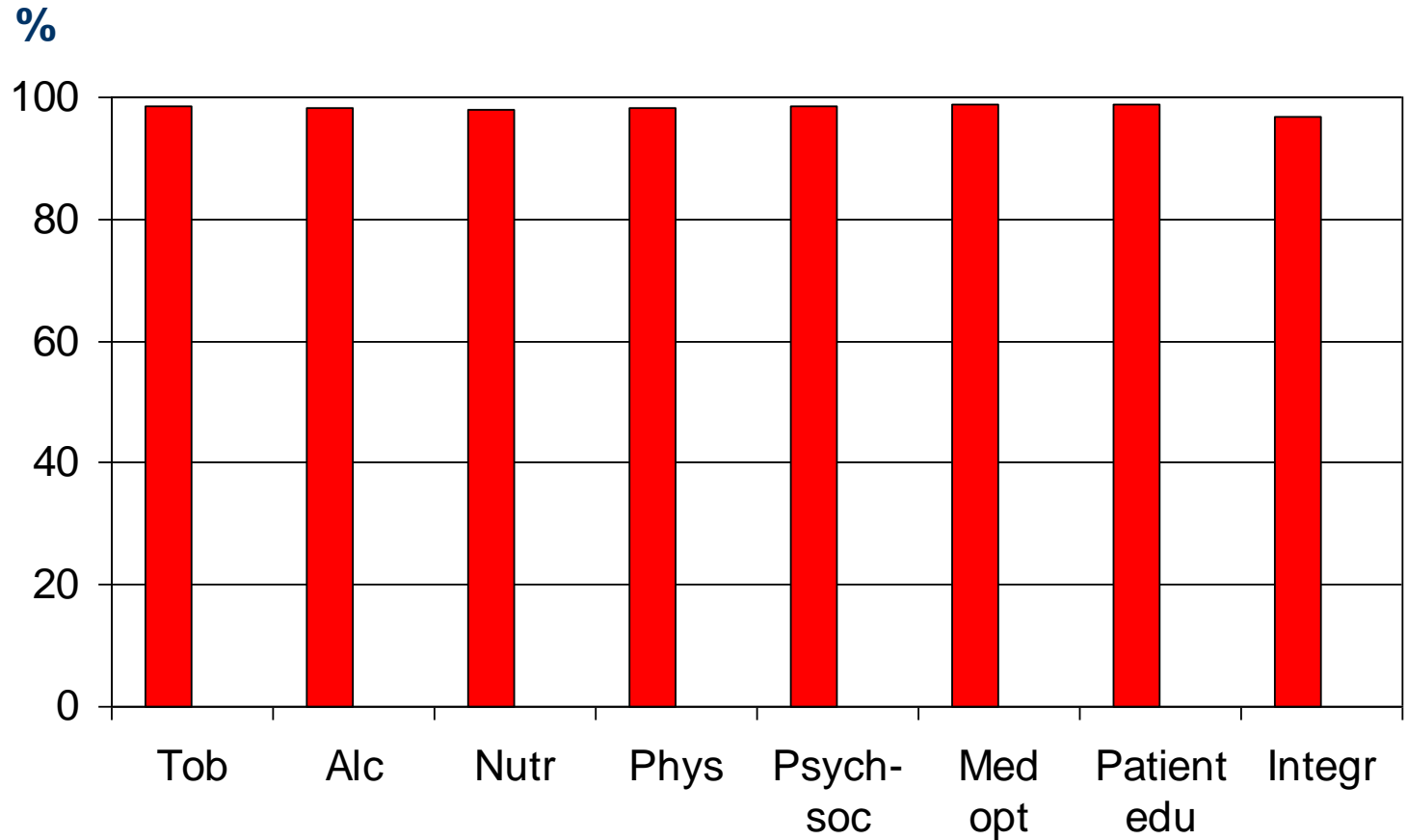
- Tobacco cessation **YY01**
- Alcohol intervention **YY02**
- Nutrition **YY03**
- Physical activity **YY04**
- Psycho-social support **YY05**
- Medicine after-treatment **YY06**
- Patient education **YY07**

- Integrated rehabilitation
(consisting of several elements) **YY08**



a) Local Med Records

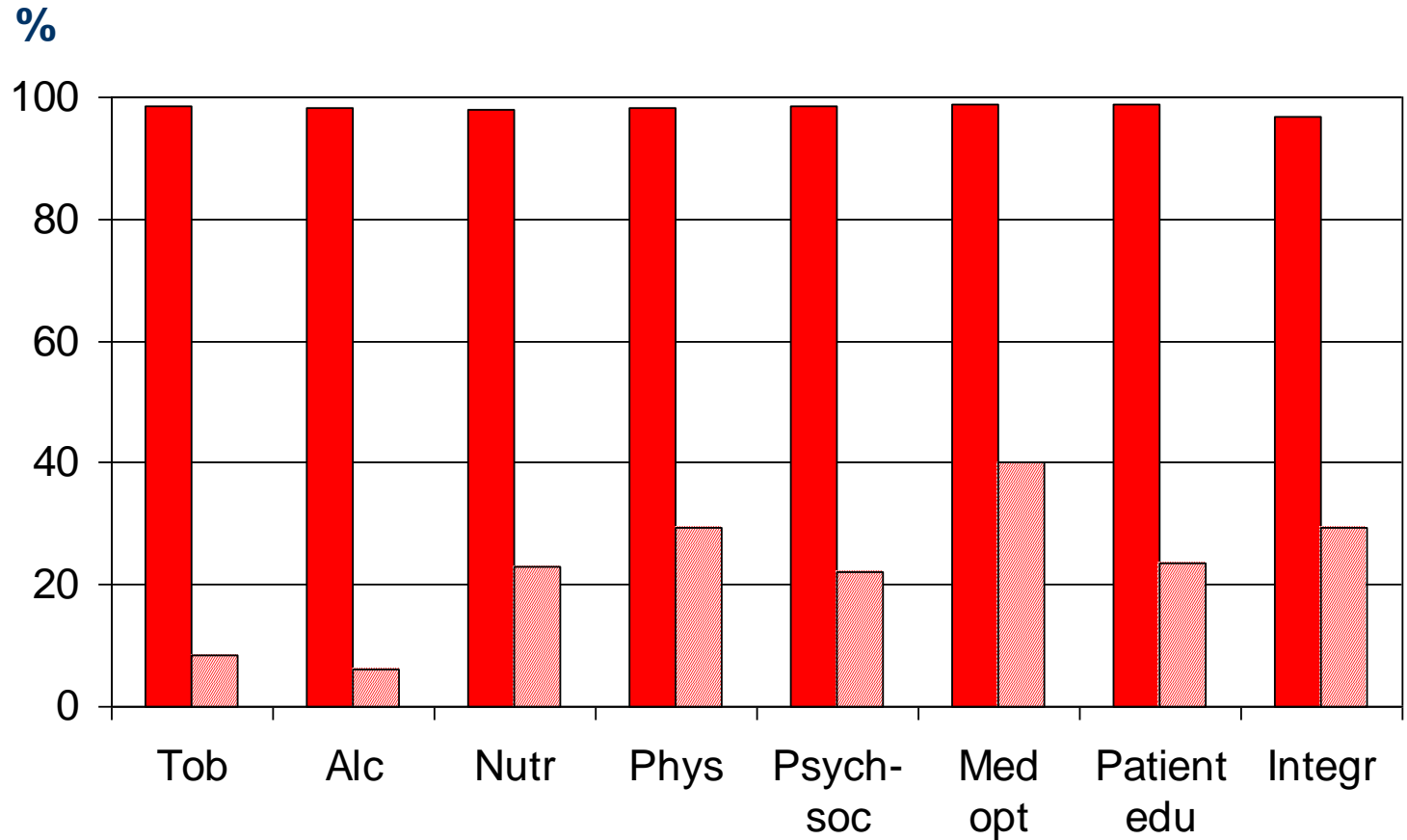
Intervention etc: response rate 97-100%





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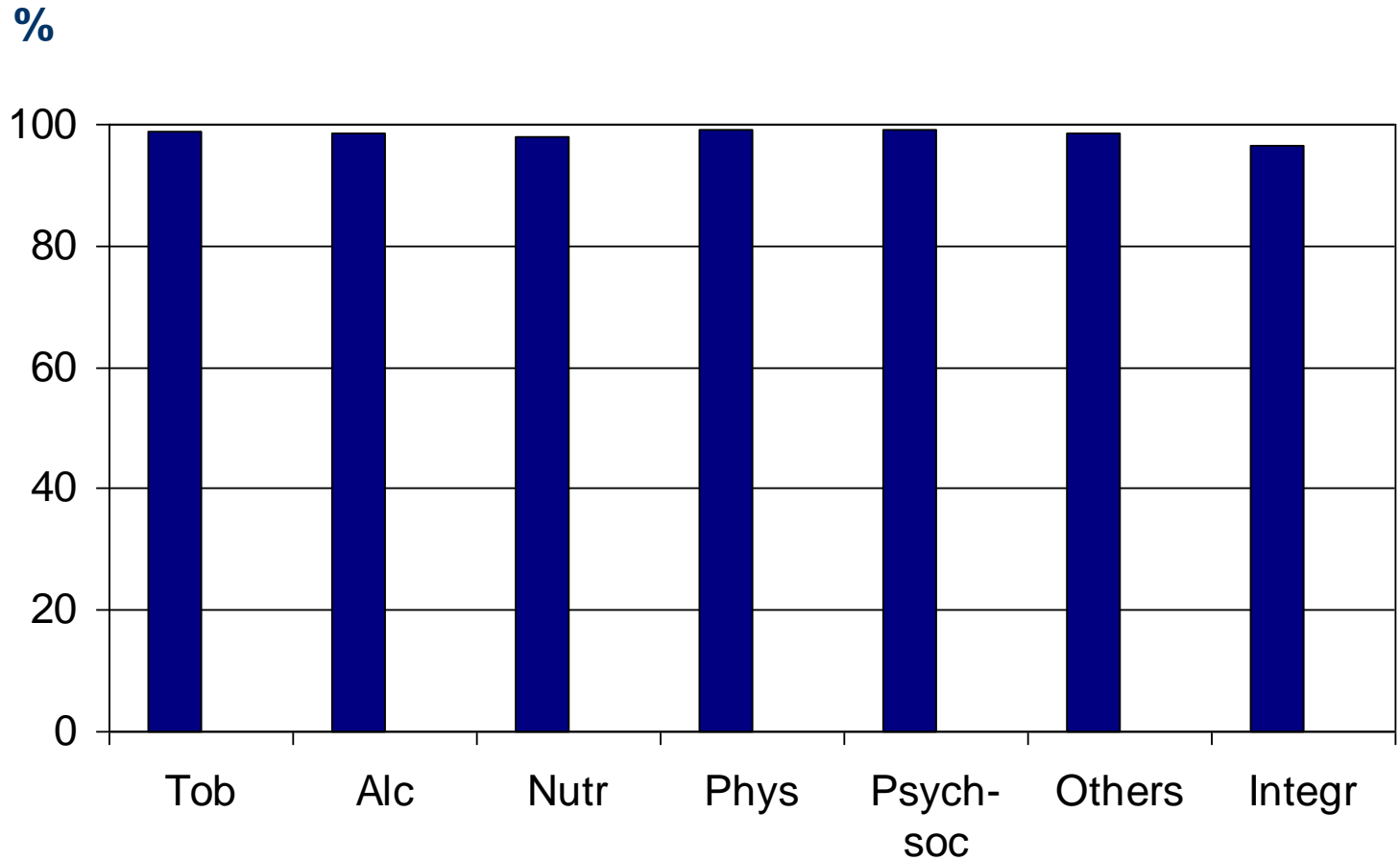
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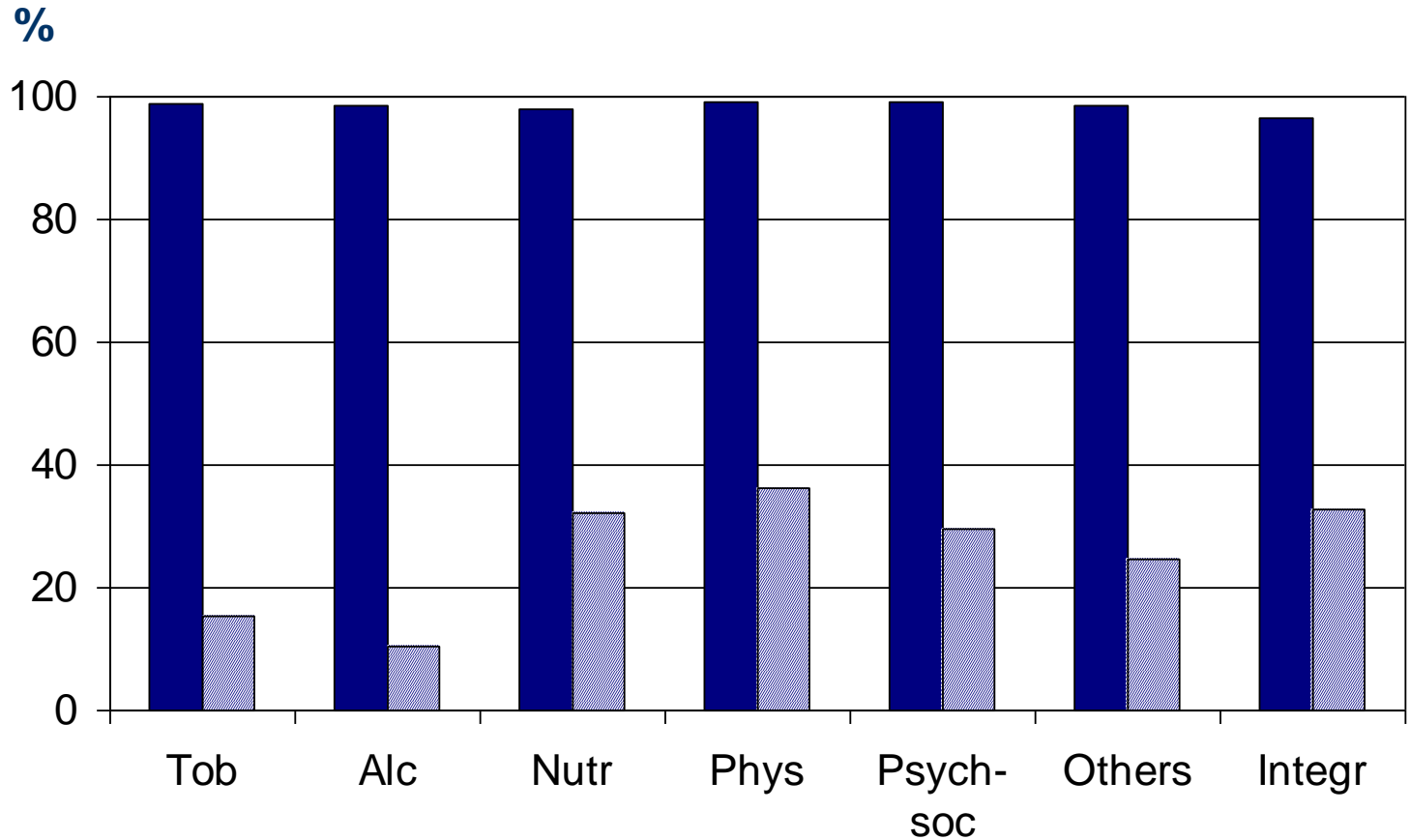
Mot Counselling: response rate 97-100%





a) Local Med Records

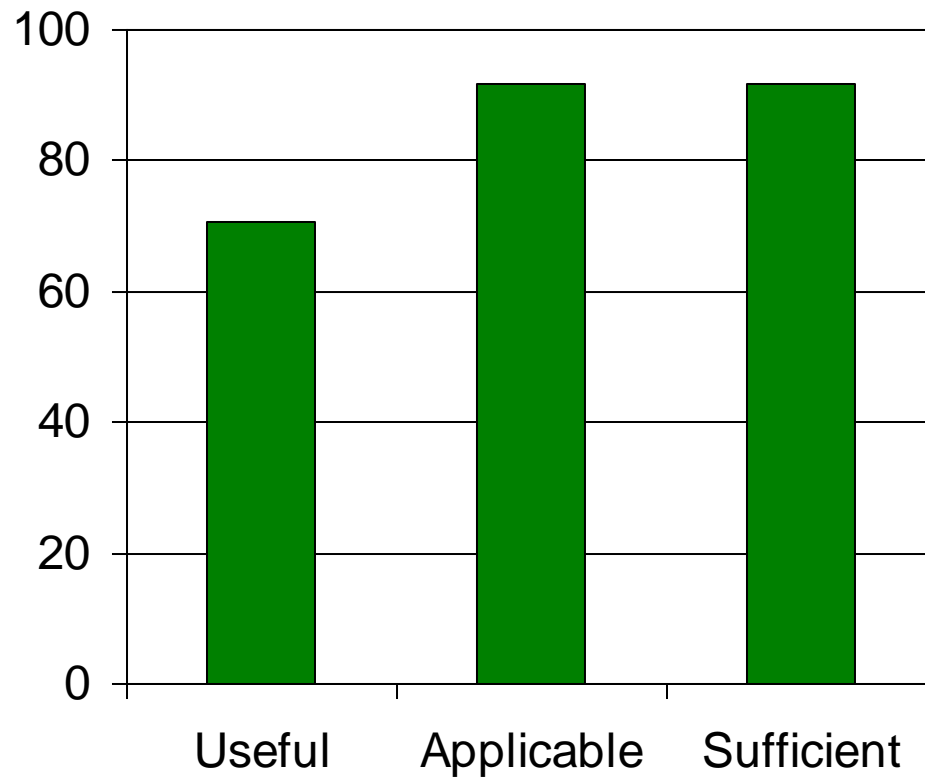
Mot Counselling: response rate 97-100%





Clin specialists

Doc Model: HP Activities (6 nations)



Ex: Re-imbursement

- Sweden
 - Lift out part of DRG-budget for identification and referral of patients with diagnosed Health Risk Factors to existing HP clinics in- or outside H/HS (6 € extra /patient)
- The U.S.
 - All trauma patients are offered alcohol and smoking intervention (separate bill number)
- Denmark
 - Lift out part of DRG-budget for physiotherapy in hospitals (separate documentation)

New study: Ankle fracture surgery Alc intervention - Preliminary results 6w

Complications: No results now

Alcohol (47 ptt from Denmark)

> 80% made the 6 weeks follow/up:

- **58 % alcohol cessation in Intervention-group**
- **13 % alcohol cessation in control/group**

(long term effect will be evaluated later)



New study: Preliminary results

Hospital cost during the first 6 weeks

- Ca. 5.000 € / ankle surgery = usual DRG-price
- **Ca. 12.000 € / pt in Control group**
- **Ca. 9.000 € / pt in Intervention group**

Saving per patient in I-group

- Ca 3.000 €

Saving per sober patient

- Ca. 5.000 €





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Workshop

Questions to discuss in groups:

- How to improve documentation of HP activities in your department?
- How to make use of the documented data?