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CLINICAL HEALTH PROMOTION CENTRE



# Example: HPH Task Forces

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Evidence-based Health Promotion in Hospitals and Health  
Services



# TF Overview

1. **HPH Taskforce on Health Promotion with Children & Adolescents (SCO)**
2. **Migrant Friendly and Culturally Competent Health Care (IT)**
3. **HPH & Environment (TW)**
4. **Health Enhancing Physical Activities in Hospitals & Health Services (SE)**
5. **HPH and Age-Friendly Health Care (TW)**

## Working Groups Overview

**HPH Working Group on collection and dissemination of best practices in HPH**

WG Leader: Hartmut Berger, Germany

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# Working Groups

- 1. Collection and dissemination of best practices in HPH (GER)**
- 2. Improvement of GB Service Constitutional Regulations**

# According to the Constitution, HPH Task Forces are:

- Recommended by the Governance Board
- Approved by the General Assembly
- Issue-specific teams with specific expertise within the framework of the general aims of the International HPH Network
- Working according to Terms of References and related action plans
- Constituting a reference for technical, organisational and scientific support for specific issues of health promotion

# According to the Constitution, HPH Task Forces are (cont.):

- In accordance with HPH principles and values
- Led by a Task Force Leader, who attends GA and reports to GB
- Consisting of members that are also members of the International HPH Network
- Designated for a period of 4 years (prolongation is possible)
- Delivering progress reports periodically
- Meeting during the International HPH Conference and Task Force
- Primarily self-financed



# Example: Health Enhancing Physical Activity in H&HS



# Example: Health Enhancing Physical Activity in H&HS

## History:

- June 2011: WG approved by HPH General Assembly
- April 2012: TF approved by the HPH General Assembly
- April 2014: Start of main project on best-practice collection



## ToR 1-5

1. Increase knowledge on the health benefits of PA and methods for implementation, within the health care system
2. To highlight available methods for implementation and assist development of new methods for implementation
3. To work for structural documentation of PA in the health care settings, i.e. as part of the medical records
4. To set standards for evidence-based evaluation of methods, to increase the level of PA in patients
5. To collaborate with relevant organizations within the field of PA in H/HS





# Main outcomes and work

- The TF collaborates actively with:
  - WHO's Health Enhancing Physical Activity Network (HEPA Europe)
  - Exercise is Medicine (EIM)
  - National / Regional HPH Networks
  - Additional partners
- The TF arranges pre-conferences and conference symposiums at international HPH Conferences (Gothenburg 2013, Barcelona 2014)
- The TF arranges national and local meetings



# Main Challenge

- Evidence-based physical activity intervention in H&Hs has tremendous effect
- The main challenge is implementing the evidence.

# Best Practice Physical Activity

- Help H/HS implement physical activity interventions in patient pathways
- Guidebook (as a supplement to the Clin HP Journal) with short best-practice chapters from TF members around the world
  - Implementation of physical activity
  - Health economy of doing physical activity interventions
  - Measuring effect of physical activity interventions
  - Physical activity on prescription (Swedish model)
  - Organization of physical activity
  - Needs for physical activity
  - Screening of patients in health services
- “Living chapter” on HPH Website



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# Example: HPH & Environment TF





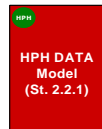
# ToR 1

Visualizing environment-related health promotion issues in existing HPH Models and Tools

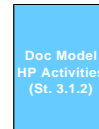
WHO Standards



HPH DATA



Doc Model for HP Activities



HPH Brochure



Other HPH books and documents



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## ToR 2

Giving examples on best evidence practice related to HPH Models and Tools

Evidence

Staff competence

Patient preferences



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## ToR 3

Developing tools for monitoring the effect of environment friendly intervention programs

Outcomes (literature review, experiences, policy etc)

- Primary have to be considered and described
- Secondary have to be considered and described



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## ToR 4

Disseminating the best practice examples and HPH Models and Tools through the network

- Increasing the health professionals' literacy about climate change and health impacts





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## ToR 5

Establishing a database for environmental friendly hospitals and health services programs

Descriptions of programs

H/HS outcomes/effects in real life



# Join HPH Task Forces

- **HPH Taskforces are open to participation to all HPH Members**
- **To join, visit TF subsites at [www.hphnet.org/members/task-forces](http://www.hphnet.org/members/task-forces)**